

Trafalgar Newsletter

28th January 2022

This week marked Holocaust Memorial Day and earlier in the week all our students had the chance to hear from a Holocaust survivor. Eva told her family's story in great detail and gave the students a chance to ask questions about her life and what it was like to be born in a concentration camp. Students were incredibly quiet and respectful during the livestream and we are sure this experience will stay with them for a long time.



Thank you to everyone who has signed up to our new communication and reporting system, Class Charts. To ensure you don't miss any important information we need absolutely everyone signed up to receive letters, notifications, important information about your child and much more. If you are yet to sign up or are having trouble, please contact studentservices@trafalgarschool.org.uk and we will help get you set up.

Covid restrictions are beginning to ease and we hope to be able to see you all face to face for some of our future events. But until then, please continue to encourage your child to keep themselves and others safe with cleanliness, spatial awareness and optional mask wearing.

Finally, a huge thanks to those who have already completed our survey on Harmful Sexual Behaviour in Schools. If you haven't yet done this, please have your say [here](#).

Take care and stay safe.

Team Trafalgar

Hot Chocolate with the Head

This week's 'Hot Chocolate with the Head' goes to Evie!

Evie is hardworking and constantly striving to improve herself in all her lessons. She will actively engage and ask questions when needed.

Ultimately, she is a real pleasure to have as part of the Trafalgar community. Well done Evie!



Key Dates

2022

Wb 7th February - Year 8 RAP Meetings

Thursday 10th March - Year 9 Options Evening

Wb 14th March - Year 9 RAP Meetings

Reminder about essential equipment:

Please ask students to check their bags before they come to school and make sure they have all essential equipment with them. Due to Covid restrictions, we are still unable to lend out equipment, so please ensure your child has everything they need before they get to school!



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Activities Week Update

We are ready for adventure in 2022 with our Activities Week trips ranging from Ninja Warrior to Harry Potter World, and gaming days to residential in the New Forest, Paris, Barcelona and Rome. It's shaping up to be a week to remember!

As the deposit payment deadline has now passed, we are busy creating the final lists and booking our trips. For those hoping spaces may have become available on days where the mystery activity has been allocated, please look out for our Pop-Up Shop running in February 2022 where we will be selling any remaining places. Information about the location of the Pop-Up Shop, the activities available and their costs will be sent to you in advance of this date to give you and your child time to discuss their options.

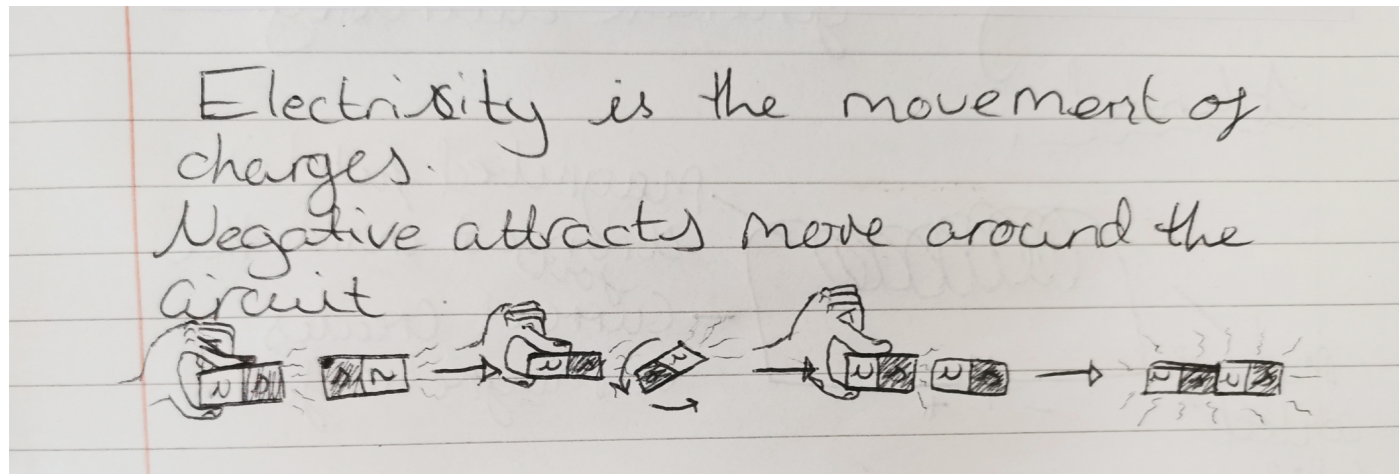
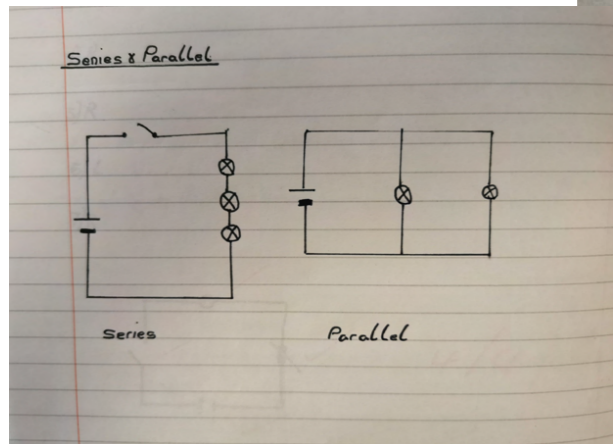
A key date for your diary is **Friday 25th March 2022** when final payments are due. Payments can be made in full or paid in instalments via Parent Pay. If you have any questions about payment or the week in general, please email activitiesweek@trafalgarschool.org.uk

Science Department Update

Mr Hill's Year 9 students have been learning all about the structure of DNA and how to extract the DNA from strawberry cells.



Our Year 7s have been making lots of noise learning about sound waves, whilst our Year 8s have been learning about electricity and magnets, building circuits and electromagnets.



PE Department Update

The Year 10 Health and Social Care students have been planning and rehearsing for their practical assessment. The students have to plan an interaction based on a set scenario between a health and social care worker and a service user and then carry out the conversation, demonstrating their excellent verbal and non-verbal communication skills. Good luck to all of our fantastic students, we know you will smash it!



Miss Nersessian

The Year 9 GCSE PE students have been planning their Personal Exercise Programme (PEP). They have shown an in-depth understanding of both the methods and principles of training. Over the next few lessons, the class will be looking to develop their understanding and application of different exercises that they can include within their PEP.

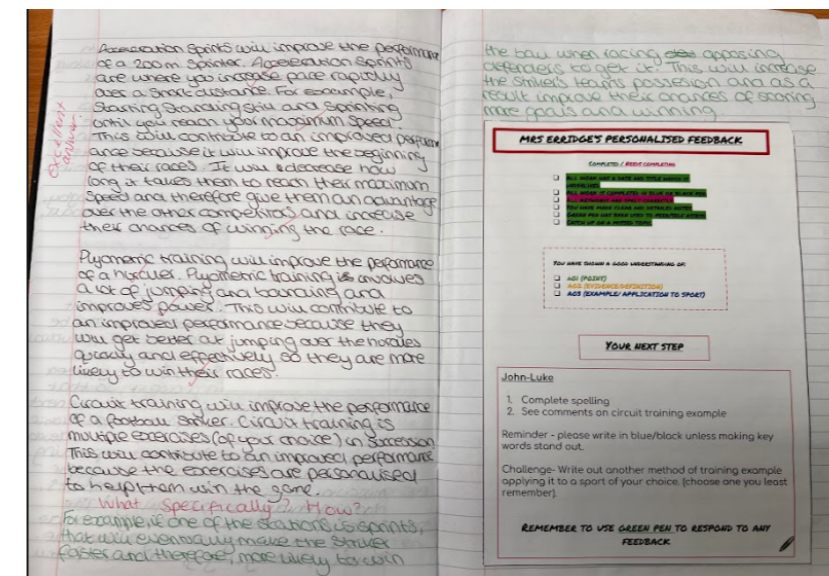
Mr Furnell

Our Year 10 BTEC Sport students have been working extremely hard towards their unit 1 exam which they have now completed, and their work ethic has been outstanding since September. The students in this class are very positive and have a can-do attitude which will in turn lead them to success for the next couple of years.

Mrs Erridge

YELLOW = PEP TRAINING
 BLUE = FOOTBALL TRAINING
 ORANGE = GAME
 GREEN = REST

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|-------------------|--|--------------------------------|----------|--------------------------------|----------------------|--------|
| 1 | PM-Weight 20 mins | AM-plyometric training 20 mins PM-football training | REST | REST | PM-Plyometric training 20 mins | AM-football training | GAME |
| 2 | PM-Weight 20 mins | PM-football training | REST | REST | AM-plyometric training 20 mins | AM-football training | GAME |
| 3 | PM-Weight 30 mins | AM-plyometric training 20 mins PM-football training | REST | REST | PM-Plyometric training 20 mins | AM-football training | GAME |
| 4 | PM-Weight 30 mins | PM-football training | AM-plyometric training 20 mins | REST | PM-Weight | AM-football training | GAME |
| 5 | PM-Weight 30 mins | AM-plyometric training 20 mins PM-football training | PM-Plyometric training 20 mins | REST | PM-Weight | AM-football training | GAME |
| 6 | PM-Weight 30 mins | PM-football training | AM-plyometric training 20 mins | REST | PM-Weight | AM-football training | GAME |



9R2 have been working brilliantly in our basketball lessons. Everyone has improved on their shooting skills, scoring more and more points each lesson, which has been incredible to watch. Their teamwork and accuracy of passing has led to fast-paced games and fun had by all. It has been a real pleasure to teach them so far this term!

Mr Stokes

Inter House Competition

This month is the burpee challenge!!



For every day of February, try to increase your number of burpees. You can start at one and increase by one each day or take it slower if needed. At the end of February, we will run a burpee competition during lunchtime to see who can do the most consecutively. You can use the 30-day challenge example provided here to give you some structure.

Extracurricular Clubs and Fixtures

Football club on Wednesday after school is seeing fantastic numbers of Year 7 and 8 girls and boys. Fixtures are coming thick and fast so come along and join in the fun! Table Tennis club runs on Mondays after school. I am running a ladder league with prizes for the top three students. Hockey club is on Tuesdays after school. I would like to arrange some friendly fixtures so come along for consideration.

Mr Swaffer

Our Year 10 and 11 girls attended the city wide basketball tournament last week, where they represented Trafalgar with aspiration and resilience. They gave 110% throughout the whole tournament and really challenged their opposition. Alongside excellent performance, they also demonstrated outstanding sportsmanship and really enjoyed themselves. Super shooting from Leanne in Year 11 who claimed MVP (Most valuable player).

Miss Nersessian

Rugby club has started this half term for all year groups on Mondays. The turn out so far has been good, but we always want to see as many people there as possible! Please come along if you want to try out a new sport, learn new skills and meet like-minded people. I look forward to seeing you there.

Mr Stokes

Our Year 8 and 9 girls attended a Portsmouth basketball tournament this week, hosted at ALNS, where they represented Trafalgar with pride. They gave their absolute best in every match, demonstrating aspiration throughout. The students performance was outstanding, winning three matches and drawing another, putting them in a respectable 2nd place position. They showed great sportsmanship and really enjoyed themselves. Some spectacular shooting from Violet.

Miss Potter



| | |
|----------------------------|----------------------------|
| DAY 1 - 1 Burpee | DAY 16 - 27 Burpees |
| DAY 2 - 3 Burpees | DAY 17 - 29 Burpees |
| DAY 3 - 5 Burpees | DAY 18 - REST DAY |
| DAY 4 - 7 Burpees | DAY 19 - 31 Burpees |
| DAY 5 - 9 Burpees | DAY 20 - 33 Burpees |
| DAY 6 - REST DAY | DAY 21 - 35 Burpees |
| DAY 7 - 11 Burpees | DAY 22 - 37 Burpees |
| DAY 8 - 13 Burpees | DAY 23 - 39 Burpees |
| DAY 9 - 15 Burpees | DAY 24 - REST DAY |
| DAY 10 - 17 Burpees | DAY 25 - 41 Burpees |
| DAY 11 - 19 Burpees | DAY 26 - 43 Burpees |
| DAY 12 - REST DAY | DAY 27 - 45 Burpees |
| DAY 13 - 21 Burpees | DAY 28 - 47 Burpees |
| DAY 14 - 23 Burpees | DAY 29 - 49 Burpees |
| DAY 15 - 25 Burpees | DAY 30 - 50 Burpees |

The Year 8 boys won a football fixture 3-2 against Miltoncross. All the boys played well, but the goals from Jude and Mason guaranteed Trafalgar all three points. Ozwald put in a sterling performance in goal, making several vital saves throughout the match, but one save way down to his left was world class. Well done boys!

Mr Swaffer

Congratulations to our Year 7&8 girls football team who played their first home fixture against Castle View and won 10-1. Their excellent work rate was extremely challenging for the opposition. Great tackling and saves were made by Amelia and Bethan in defence and goal, as well as fantastic goals scored by Saraya, assisted by Emily in attack, made for an unbeatable team. An outstanding performance from the whole team.

Miss Nersessian and Mr Swaffer

| | Lunchtime | Afterschool 3-4pm |
|------------------|--------------------------------|---|
| Monday | | Year 7-11 Yoga (SSA) Year 7-11 rugby (DST) Year 7-11 Table tennis (SSW) |
| Tuesday | All Years Basketball (LNE/EPO) | Year 7&8 trampolining (EPO & LNE) Year 7-11 basketball (KER) Year 9-11 football (DST) Year 7-11 hockey (SSW) |
| Wednesday | All Years Basketball (LNE/EPO) | Year 7&8 football (CFU & SSW) Year 7-11 netball (KER) Year 9-11 Duke of Edinburgh (CRA & LNE) Year 9-11 trampolining (EPO) |
| Thursday | All Years Basketball (LNE/EPO) | Year 9-11 BTec/GCSE practical WEEK 1 ONLY (CFU) Year 10 GCSE PE Intervention WEEK 2 ONLY (CFU) |
| Friday | | |

Class Charts - Guide for Parents

We have changed our way of communicating with parents from sending emails to using 'Class Charts'- a brilliant software where you can receive instant messages, view your child's attendance and behaviour in real time and check many more things such as home learning work.

Every parent will have their own login which links to their child's account. If you need your child's login code, please contact the school either by phone on 02392 693521 or email studentservices@trafalgarschool.org.uk

Class Charts have created a comprehensive guide on how to sign up for and use the service, which can be viewed [here](#).

If you have any issues with signing up to Class Charts, please contact us via the same channels noted above.

Have you
downloaded the
free ClassCharts
Parent app?



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Safety Card: WhatsApp



WhatsApp allows you to send messages, either one-on-one or in a group chat as well as calling and sharing pictures and videos.

WhatsApp rules (Terms and Conditions of Service) require you to be 16 or older to use the app. It is important that you really know and trust the contacts you message and share stuff with. Anyone who has your phone number can add you on WhatsApp.

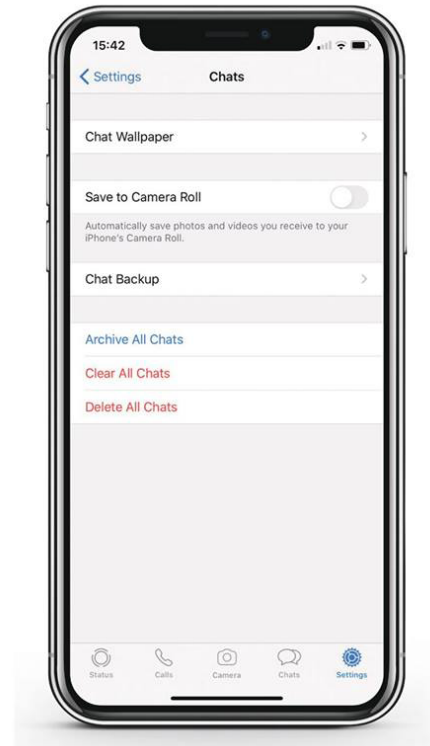


Stay safe on WhatsApp using the instructions on **Privacy, Blocking & Reporting** below.

Privacy

Set your account to private using these simple instructions:

- Open the app & tap Settings in the bottom right corner.
- Tap **Account** and then **Privacy**.
- Tap **Last Seen, Profile Photo, About, Groups** and **Status** to change your settings for each option.



Block

Block a user using these simple instructions:

- From your conversation, tap on the users name at the top to access their contact info.
- Scroll down and tap on **Block Contact**.
- Tap on **Block**.

Report

Report a user using these simple instructions:

- From your conversation, tap on the users name at the top to access their contact info.
- Scroll down and tap on **Report Contact**.
- Tap on **Report** and then follow the instructions.

For more apps visit;
oursafetycentre.com



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