

Trafalgar Newsletter

15th October 2021

You may notice our logo looks a little different this week. October is Black History Month and to help raise awareness of this and show our commitment to inclusion we have changed our logo for the remainder of the month and will be sharing content on our social media accounts celebrating key figures who have made significant contributions to history.

Earlier this week, we held our Activities Week Information Evening and shared details of how the week will run next year. If you missed the evening you can still watch the presentation on the Activities Week page of our website. The booklet, with details of the activities, has been emailed home today and is now also available on our website. Please discuss the activities with your child and make sure their choices form is back to their tutor by the 22nd October.

In this edition of our bulletin you will also find details of our food menu from our onsite canteen, which is available on our website under the 'information' section.

Have a great week,

Team Trafalgar

Hot Chocolate with the Head

This week's 'Hot Chocolate with the Head' goes to Jasmine!

Jasmine has been nominated by her Head of House, Mrs Arygle, though it is likely all of her teachers and tutor would agree for this nomination.

Not only does she have 100% attendance, but Jasmine has shown herself to be really kind, resilient and a central part of the Trafalgar school community.

Congratulations Jasmine!



Uniform Reminder:

As the weather is becoming colder please ensure your child has their blazer with them in school. Whilst the school jumper is optional, the school blazer is essential and should be with them every day. Could we also take this opportunity to remind you that makeup is not permitted at all in lower school (year 7 and 8) and that false nails and false lashes are not permitted in school.

Key Dates

October 2021

22nd Activities Week Choices Deadline
25th - 29th **Half Term**



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Parent Visit

A huge thanks to one of our parents, Miss Abby Bramble who came to discuss all things #TeamTrafalgar and to share some queries parents have had this half term.

As part of her visit, Abby met the new Caterlink Kitchen Manager, Vicki Keen, to discuss the food offer in school. Vicki was delighted to talk about the positive changes she has brought in since September. They talked about the varied food offer each break and lunch time, now delivered across five different service points, as well as the introduction of more salad options to try and tempt students away from their all-time favourite; pizza! Vicki is going to talk to the Student Council next to see what additional things they would like on the menu and other initiatives including reducing food waste in school. You can see the current menus and photos of the food from Wednesday's service in this newsletter.



Abby also met with Gemma Pearse, Head of School, to talk about a number of things including Class Charts and the benefits this will bring in strengthening the connection between home and school.

If there is an aspect of the school you would like to know more about, please contact us directly or join the official parents and carers Facebook group [here](#).



LUNCH WEEK 2	NATION'S FAVOURITES		THE MEXICAN KITCHEN		Good British Roast		LEBANESE STREET FOOD		Fish & Chips	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
MAIN MEAL #ONE	Baked Chicken Meatballs in a Spicy Tomato & Basil Sauce Served With Rice	Beef Chilli Nachos, Salsa, Guacamole & Paprika Rice	Roasted Turkey Cranberry Sauce, Seasonal Vegetables, Stuffing & Gravy	Flavoured Chicken Strips served in Flatbread with Authentic Salads	Battered Fish, Chips, Peas, Lemon & Tartare Sauce					
MAIN MEAL #TWO	Quorn Dog With Fairground Onions & Seasoned Baked Wedges	Chunky Vegetable Chilli Nachos, Salsa, Guacamole & Paprika Rice	Mac 'n' Cheese with Garlic Mushrooms And Tossed Salad	Falafels & Hummus served in a Flatbread with Authentic salads	Old School Cheese & Red Onion Plate Pie Served with seasonal Vegetables					
HANDHELD	Authentic Italian Pizza Slice	Tikka Chicken Flatbread With Slaw & Sauce	Authentic Italian Pizza Slice	BBQ Beef Burrito	Authentic Italian Pizza Slice					
BOWLED OVER	Pasta Kitchen	Pasta Kitchen	Sweet & Sour Noodles	Pasta Kitchen	Spicy Chicken Rice Bowl					
DESSERTS	Chocolate & Apple Cake	Toffee Apple & Pear Granola Crumble	Summer Fruit Trifle	Carrot & Courgette Sponge	Chocolate Chip Shortbread					

LUNCH WEEK 3	NATION'S FAVOURITES		BOMBAY KITCHEN		Good British Roast		BOMBAY KITCHEN		Fish & Chips	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
MAIN MEAL #ONE	Bangers & Mash with Garden Peas & Red Onion Gravy	Italian Beef Lasagne Served With House Salad & Garlic Bread	Roasted Honey Glazed Gammon, Roast & Gravy	Chicken Tikka Masala, Rice & Sides	Battered Fish, Chips, Peas, Lemon & Tartare Sauce					
MAIN MEAL #TWO	Quorn Sausage Served With Buttery Mash, Peas & Red Onion Gravy	Vegetarian Lasagne Served With House Salad & Garlic Bread	Mac 'n' Cheese With Veggie Toppers	Mughlai Vegetable Korma, Rice & Sides	Vegan Spinach & Kale Burger, Vegan Mayo & Salad					
HANDHELD	Authentic Italian Pizza Slice	Sweet Chilli Chicken Wrap	Authentic Italian Pizza Slice	Ham & Cheese Panini	Authentic Italian Pizza Slice					
BOWLED OVER	Pasta Kitchen	Vegetable Chow Mein Noodles	Pasta Kitchen	Black Bean Noodles	Pasta Kitchen					
DESSERTS	Warm Red Cherry Pancake	Multi Seed Flapjack	Wholemeal Apple & Cinnamon Crumble	Sticky Toffee Pudding	Chocolate Orange Sponge					

LUNCH WEEK 1	NATION'S FAVOURITES		QUIRKY BIRD		Good British Roast		BOMBAY KITCHEN		Fish & Chips	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY					
MAIN MEAL #ONE	Cottage Pie Topped with Sweet potato & Carrot mash	Marinated Chicken Pieces, Wings & Sides	Roast Pork Loin Apple Sauce Apricot & Parsley Stuffing, Gravy.	Delhi Tikka Chicken Masala, Rice and Sides	Battered Fish, Chips, Peas, Lemon & Tartare Sauce					
MAIN MEAL #TWO	Quorn & Lentil Cottage Pie	Spicy Bean Burger, Sweet Chilli & Lettuce	Mac n Cheese With Veggie Toppers	Mughlai Vegetable Korma, Rice & Sides	Chilli Quorn Dog, Fairground Onions & Sauce					
HANDHELD	Brazilian Chicken Wrap	Authentic Italian Pizza Slice	Fish Finger Ciabatta & crisp lettuce	Authentic Italian Pizza Slice	Shredded Chicken Fillet wholemeal Baguette					
BOWLED OVER	Pasta Kitchen	Noodle Street	Egg & Soy seasoned Rice Bowl	Pasta Kitchen	Pasta Kitchen					
DESSERTS	Chocolate & Mandarin Brownie	Peach Upside Down cake	Baked Rice Pudding With Apple Compote	Lemon Drizzle	Jam & Coconut Sponge					

caterlink
feeding the imagination

meal deals

SOUPS
Come and try our range of soups available. Varying daily and providing healthy option to you all!

ALLERGIES
PLEASE SPEAK TO OUR STAFF MEMBERS IF YOU HAVE ANY ALLERGIES AND NEED TO KNOW WHAT IS WITHIN EACH OF OUR DISHES. THEY WILL ADVISE YOU ON YOUR AVAILABLE FOOD CHOICES.

JACKET STATION
Sweet potatoes and Jacket potatoes with various fillings on offer including; cheddar cheese, baked beans and tuna with mayonnaise

Bowled Over
Pasta / rice / noodles served daily with different toppings!

VEGAN OPTIONS AVAILABLE DAILY!

THE ROOTED KITCHEN

Free webinar - Maths Anxiety

Helping your maths-anxious child Webinar

Wednesday 3rd November 7:30pm (Free)

In this session, Rachel Kidson (Maths Author & Educational Psychology Lead at Eedi) gives practical advice on ways you can help your child with their maths, whether they are struggling with maths anxiety or stuck on their homework.



And you'll learn tips for keeping your own maths anxieties at bay too!

We all experience maths anxiety in certain situations, but if your child experiences it on a regular basis, it can result in lower performance, and more importantly be detrimental to their self-esteem.

Let's help them build confidence!

To register your place click the link below:

https://us02web.zoom.us/webinar/register/WN_RaZtoO11RIGk7HzuDRVYMA

Art, Food Tech & Design Tech Ambassador Applications

Our ADT department are looking for student ambassadors for their subject areas!

There are roles for each subject (Art, Food Technology and Design Technology) so if your child loves art, food technology or design technology and is in either Year 7, 8, 9 or 10, then this is the opportunity for them!

They must be driven and passionate about the subject they are an ambassador for.

The job roles will include:

- Co-planning and co-organising of competitions
- Attending and assisting school trips
- Creating and completing surveys and delivering feedback to staff within the ADT department
- Meeting half termly with Miss Sturgess to discuss these matters



If this is of interest to your child, then they can apply by completing the application form, writing a brief outline of their skills and handing it in to Miss Sturgess by Friday 5th November.

Lexia Update

We are aware people have been having issues with Lexia recording reading times accurately. We are looking in to this, but please ensure students log out properly when they finish and do not just click the 'X' to close the screen, as it doesn't always record their time accurately when this happens.

Sports Fixtures Update

Year 7&8 Girls' Football

I am incredibly proud of the conduct of the Year 7 and 8 girls during their first football fixture this week.

Despite playing very experienced opponents at Milton Cross, our students did not give up, showing resilience and support to one another throughout the game. They got better as the game went on, with a fantastic goal scored by Saraya at one end, whilst Amelia J saved a penalty at the other.

Unfortunately, Milton Cross took the win, but our students showed outstanding effort.

Well done to the team: Billie, Honey, Saraya, Amelia, Maggie, Enya, Lola, Kaitlyn, Hannah, Jessie and Gabby.

Miss Nerssessian



Year 8 Girls Netball Tournament

A huge well done to the 15 Year 8 girls who represented Trafalgar in the Portsmouth Netball Tournament on Monday, allowing us to take two teams. They worked incredibly hard in each game and faced some tough opposition in ALNS, Springfield, Priory and TPA.

Well done to the team: Emily, Cydnie, Emily, Billie, Lauren, Matilda, Anaya, Isai, Maya, Mateenah, Jessica, Abigail, Darcey, Katelyn and Heidi.

Player of the tournament was Billie P.

Mrs Erridge and Miss Potter

Year 10 Boys' Football

The Year 10 boys kicked off their season in triumphant fashion when they faced TPA. The boys had to withstand some heavy pressure, before a crunching tackle from Kaden L sent Henry F through on goal to put the boys 1-0 up. Shortly after, Max H convincingly slotted home a penalty giving the team a 2-0 lead at half-time. TPA came out stronger in the second half and clawed a goal back early on from a corner. The boys kept their heads up and created some good chances. A sublime piece of individual skill from Jamie N created enough space for him to restore the 2 goal cushion.

TPA came on strong and Jack H made an unbelievable save to keep the score 3-1. MoM - Kaden L. Well done to everyone involved. Special thanks to Harley M (referee) and Vinnie J (linesman).

Mr Furnell

MFL Department Update

Our students have been working extremely hard during this term and they are becoming excellent linguists. Now that their first assessments are approaching, it is very important to revise all the vocabulary they have learnt so far. There are multiple strategies to improve memory recall and increase retention of information.

For example, some of the Year 8's have created excellent mind maps using dual coding and colour coding to help them remember the words.

Another excellent tool is Memrise. Every student who is currently doing languages has access to this app. Our Year 7's are already working with this to help them memorise their vocab and perfect their spelling whilst winning points for our house competition!



A combination of techniques is key for excellent progress, you just need to know what works best for you!

Class Charts Update

As many of you will be aware, we have taken the decision to move away from our parent portal, Insight, to a programme called Class Charts. We believe this will prove to be a more user friendly and reliable system for school staff, parents and students to access.

Class Charts provides many of the features found in Insight: tracking attendance, rewards, home learning and students timetables, all in real time. However, it is far more easily accessible from any smart device or computer. We believe this will improve the connection between school and home.

Class Charts have produced a parent user guide which has been emailed to you. However, should you find that you are having any problems accessing or using Class Charts, please do not hesitate to get in touch via email: studentservices@trafalgarschool.org.uk

It is important to note, in using this new system, students no longer require paper diaries as they can access their timetable and important information via their Chromebook.

We anticipate all students and parents will have moved to Class Charts by half-term and therefore will phase Insight out after that time.



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SCARY CHALLENGES ONLINE

What parents and schools need to know to keep children safe from the latest dares, scares, threats & challenges

There are always stories going round about nasty things online and you may be asked to share warnings about them. The ones with clever names and funny pictures are usually fakes and hoaxes, but of course bad things happen online too and we all want to keep young people safe from them.

Whether a scare is real or not, we would advise against sharing warnings about specific challenges or even 'bad apps', sites or games. Read on to find out why...and what to do instead.

Insert scary picture here. Is that a good idea?



NO NEED TO SHOW SCARY THINGS

Why shouldn't we share specific warnings?

Scare-shares can cause:

1. A false sense of security
2. Free publicity
3. Unproductive panic

What can we do instead?

1. Talk about **GENERAL** risks and what can go wrong online wherever you are
2. Use **NON-SCARY EXAMPLES** to talk about how to respond to dares, challenges, scares and threats
3. Make sure children and young people know who to talk to and where to get **HELP** from different sources
4. Focus on the **POSITIVES** – after all, if we say it's all bad, they won't listen to us

Top tips



Still not sure? Have a look at what the experts at CEOP say about online scares or how the Samaritans advise us to talk about challenges.

NOT A GOOD IDEA

LGfL

DigiSafe
Keeping children safe



Find out more at scare.lgfl.net

Facebook & Twitter @LGfLDigiSafe