



**Year 7 Camp  
Activities Week  
2025**





### **Key Information**

- R Band – Camping Monday 23<sup>rd</sup> June –Wednesday 25<sup>th</sup> June
- G Band – Camping Wednesday 25<sup>th</sup> June –Friday 27<sup>th</sup> June
- Non camp days: in school activities include circus skills and UNLOC Challenge Day
- Coach transport to and from Trafalgar School. Students will need to meet at 8.45am on their day of camp and will be dismissed on return day at 1.45pm.
- Students and parents will need to discuss dietary requirements and tent sharing requests during RAP meetings on Tuesday 1<sup>st</sup> April
- All food will be provided at camp except for lunch on the first day (unless students are FSM)
- Students can bring their own snacks or cash for the tuck shop



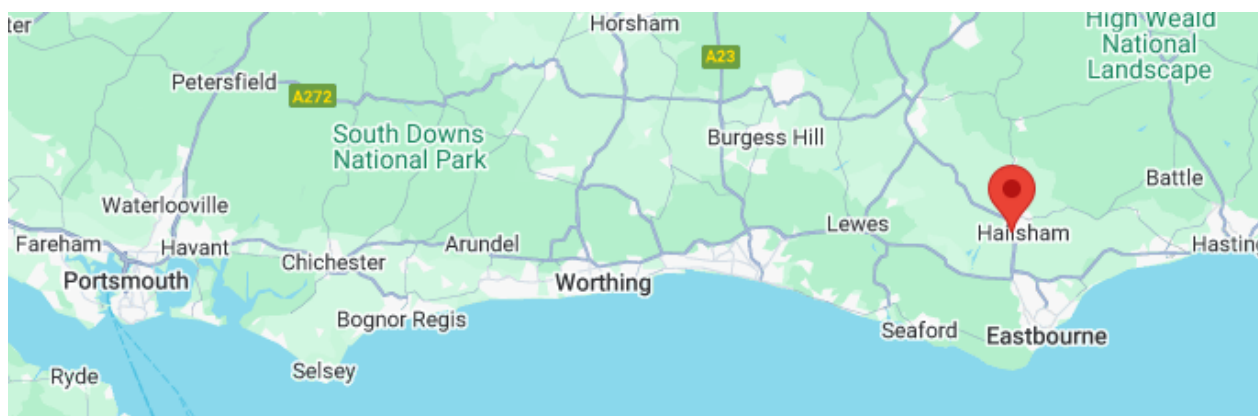


## Menu

	Breakfast	Lunch	Dinner
<b>Day 1</b>		Bring a packed lunch (except FSM)	Pasta with sauce and cheese (provided by us)
<b>Day 2</b>	Croissants, pain au chocolate, brioche, fruit	Sandwiches, crisps and fruit	Summer BBQ
<b>Day 3</b>	Croissants, pain au chocolate, brioche, fruit	Sandwiches, crisps and fruit	

## Location

Bushy Wood Campsite and Activity Centre, Main Road, Hailsham, BN273LZ



		08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	
R Band	Monday	Group 1	Travel to Camp - Depart 9:30	Arrival	Set up tents	Lunch	Lunch	T-shirt Welcome Activity	Archery	Scavenger Hunt	Team Building Games	Dinner - Student cooked	Marshmallows & Stargazing	In Tents	Lights Out & Quiet		
		Group 2							Scavenger Hunt	Team Building Games							
		Group 3							Scavenger Hunt	Archery							
		Group 4							Team Building Games	Scavenger Hunt							
		Group 5							Team Building Games	Scavenger Hunt							
		Group 6							Team Building Games	Scavenger Hunt							
	Tuesday	Group 1	Breakfast	Hike	Lunch	Lunch	Lunch	Home	Low Ropes	Capture the Flag	Den Building	Dinner - BBQ	Talent Show	Downtime	In Tents	Lights Out & Quiet	
		Group 2							Capture the Flag	Den Building							
		Group 3							Den Building	Low Ropes							
		Group 4							Low Ropes	Capture the Flag							
		Group 5							Den Building	Low Ropes							
		Group 6							Den Building	Capture the Flag							
Wednesday	Group 1	Breakfast	Pack belongings	Travel to School - Depart 11:30	Lunch at School	Lunch at School	Home	Hike	Archery	Scavenger Hunt	Team Building Games	Dinner - Student cooked	Marshmallows & Stargazing	In Tents	Lights Out & Quiet		
	Group 2															Scavenger Hunt	Team Building Games
	Group 3															Scavenger Hunt	Team Building Games
	Group 4															Team Building Games	Scavenger Hunt
	Group 5															Team Building Games	Scavenger Hunt
	Group 6															Team Building Games	Scavenger Hunt
G Band	Thursday	Group 1	Travel to Camp - Depart 9:30	Arrival	Camp set up & rules	Lunch	Lunch	T-shirt Welcome Activity	Archery	Scavenger Hunt	Team Building Games	Dinner - BBQ	Talent Show	Downtime	In Tents	Lights Out & Quiet	
		Group 2							Scavenger Hunt	Team Building Games							
		Group 3							Scavenger Hunt	Team Building Games							
		Group 4							Team Building Games	Scavenger Hunt							
		Group 5							Team Building Games	Scavenger Hunt							
		Group 6							Team Building Games	Scavenger Hunt							
Friday	Group 1	Breakfast	Hike	Travel to School - Depart 11:30	Lunch	Lunch	Home	Low Ropes	Capture the Flag	Den Building	Dinner - BBQ	Talent Show	Downtime	In Tents	Lights Out & Quiet		
	Group 2							Capture the Flag	Den Building								
	Group 3							Den Building	Low Ropes								
	Group 4							Low Ropes	Capture the Flag								
	Group 5							Den Building	Low Ropes								
	Group 6							Den Building	Capture the Flag								



### Kit List

<p><b>Personal Clothing</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Suitable shoes for walking (trainers/walking boots)</li> <li><input type="checkbox"/> Fleece jumper/hoodie</li> <li><input type="checkbox"/> Clothing for 3 days including trousers, shorts or leggings suitable for being active in (<b>no jeans</b>)</li> <li><input type="checkbox"/> Underwear &amp; socks for 3 days</li> <li><input type="checkbox"/> Nightwear</li> <li><input type="checkbox"/> Waterproof jacket</li> <li><input type="checkbox"/> Spare footwear for around camp (trainers/flip flops etc.)</li> <li><input type="checkbox"/> Spare clothes in case we get wet weather</li> <li><input type="checkbox"/> Sun hat</li> </ul>
<p><b>Other personal equipment</b></p>	<ul style="list-style-type: none"> <li><input type="checkbox"/> Larger bags to hold all belongings</li> <li><input type="checkbox"/> Rucksack for day use</li> <li><input type="checkbox"/> Sleeping bag or blanket (you may also wish to bring a roll mat or pillow, but air beds will not fit in the tents)</li> <li><input type="checkbox"/> Towel</li> <li><input type="checkbox"/> Torch and spare batteries</li> <li><input type="checkbox"/> Personal medication</li> <li><input type="checkbox"/> Suncream</li> <li><input type="checkbox"/> Water bottle</li> <li><input type="checkbox"/> Personal Toiletries</li> <li><input type="checkbox"/> Small note pad and pen</li> <li><input type="checkbox"/> Small amount of spending money for tuck shop</li> <li><input type="checkbox"/> Packed lunch for the first day (FSM will be provided)</li> <li>⇒ Power bank for mobile phone (if bringing a phone)</li> </ul>



## FAQs

What if my child is anxious about being away from home?

Rest assured we have plenty of support available. If you have any questions, please schedule a meeting before RAPs on 1st April. Attendance during activities week is mandatory.

Can my child bring a mobile phone?

Yes, however there will be times they will not be permitted use such as during the day and during activities. Please note there will be no electricity sources for charging devices.

What will sleeping arrangements be like?

Tents will be grouped in boys and girls camps. Staff tents will be close by and students will be made aware of their closest staff member. Students can name a few friends they'd like to share with in their RAP meeting– the final confirmation will be shared before the trip.

How will you ensure my child gets their medication(s)?

Can my child bring non prescription medications (for example, antihistamines or paracetamol)?

All medication (prescription and non-prescription e.g paracetamol) is to be handed to staff during drop off on Day 1. If there are any changes to your child's medical information, please update this with student services. First aid kits will be held centrally by staff.

How can I contact you with further questions?

[Activitiesweek@trafalgarschool.org.uk](mailto:Activitiesweek@trafalgarschool.org.uk)