

Parent Bulletin

8th September 2023

Welcome to our first Parent Bulletin of the year!

This weekly update is a great way to stay informed of any key dates and developments here at Trafalgar, along with updates from departments throughout the term letting us know what students have been working on in their lessons!

We also share regular safeguarding advice, offering parents helpful tips on supporting their child in an ever changing digital world, along with some of the questions students have been discussing in their community circles that week, giving you the opportunity to carry on the conversations at home.

We are incredibly proud of the community we have here at Trafalgar and if you have any questions, please don't hesitate to contact our reception team or your child's form tutors. Also, check out our Official Parent Facebook Group, where you can find out information and details from other parents as well as our parent moderators and the staff who run the group.

Here's to a fantastic year!

Team Trafalgar



Key Dates

2023

Thursday 21st September - Preparing for Year 11 Evening

Thursday 28th September - Year 7 Meet the Tutor Evening

Tuesday 3rd October - PD Day 1

Thursday 5th October - Activities Week 2024 Launch (remote)

Uniform & Equipment

As we begin the new academic year, please ensure your children have the correct uniform & equipment with them each day. If you require any support contact your child's form tutor. You can find details of what they need [here](#).



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Welcome Year 7!

Year 7 finally got to begin their Trafalgar journey this week and it was fantastic to welcome them all in and get started! They were supported on their first day by our Year 11 students and got to meet their tutors for the year, go on a tour of the site, sort out their computer logins and visit the freshers fayre to learn all about the exciting extra curricular activities on offer this year!

Well done on your first week Year 7; you've made a fantastic start and we can't wait to see what you'll achieve!



Oracy at home - Home Discussion Guidelines



Here at Trafalgar, we participate in the Voice 21 Oracy programme. Oracy is the ability to articulate ideas, develop understanding and engage with others through spoken language..

This is a key part of our school curriculum and developing oracy skills are vital in supporting our students' learning and in preparing them for life beyond school.

To help support you at home in developing your child's oracy skills, we have home discussion guidelines which reflect the oracy discussion guidelines we use in lessons, which you may find helpful to use for family talk.

Discussions can take place anywhere: around the table during dinner, in the garden, on long car journeys, etc. They can also be about any subject; here are some suggestions to get discussions started:

- Coke or Pepsi?
- Plane trips or road trips?
- Coffee or tea?
- Movies or television series?
- Go shopping or online shopping?
- Writing or speaking?
- Big parties or small gatherings?
- Concerts or sporting events?

Home Discussion Guidelines

- MAKE IT EASY**
Switch off devices and remove distractions
- MAKE IT REGULAR**
Make family discussion part of your daily routines and value your time together
- MAKE IT CHALLENGING**
Disagree politely, offer alternative views
- MAKE IT NICE TO TALK**
Show interest and ask questions
- MAKE TIME**
Set aside dedicated time for family discussion



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Extra Curricular - September Taster Timetable

I am delighted to share with you our 'September Taster Timetable' detailing all our extra curricular clubs . Extra curricular clubs are a fantastic way for students to meet new friends who share similar passions and we strongly encourage all students to take advantage of this offer.

Clubs will be running from Monday 11th September and pre registration is not necessary. Students attending PE clubs should make sure they bring PE kit on that day.

We will be reviewing our offer over the next few weeks and will share with you updates to the timetable, including the addition of lunch time clubs, later in the month.

Miss Clark

	After school 3-4pm
Monday	DoFE Club Catch Up- Invited students only (Sci8) Girl's football (Gym2) Basketball (Gym1) Monologues and Manuscripts (Drama Studio) Home Learning Support (Canteen) Art and Photography Club (Art 2)
Tuesday	Minecraft Club (IT1/2) Eco Club (Hum1) LEGO Robotics Club (Sci2) Netball (Astro) UNLOC Debate Club (EN2) Year 7 and 8 Boy's football (Field) Trafalgar School Newspaper Club (EN7) Sparx Support (Ma1) Year 7-9 Book Club (Library) Home Learning Support (Canteen) MFL Film club
Wednesday	History Club (HUM1) Science Club (Sci1) Year 9, 10 and 11 Boy's football (Field) Trampolining (Gym2) Whole School Play (Drama Studio) Whole School Production Band (Invite only- Music Room) Dance Live (Dance Studio) Year 10 Art, Photography and Food Prep Coursework Enrichment (Art 2 Week 1) Year 11 All Art Subjects Coursework Enrichment (Art 2 Week 2) Year 11 Food Prep Culinary Skill Workshop (Food Tech Week 2) Board Game Club (Library) Home Learning Support (Canteen)
Thursday	Home Learning Support (Canteen)
Friday	Home Learning Support (Canteen) Active Citizenship (HUM3)



The Kitchen - Our Menus and Meal Deal Information

The food at Trafalgar School is provided by our dedicated Caterlink team.

The menu and prices can be found [on our website](#).

There is a meal deal available for our FSM students where they can get a main meal, snack and bottle of water. This must be collected in one transaction.

Students have access to multiple food points around the school, including outside of the main hall and our outdoor food pod.

Meal Deal

Any Item + Home Bake or Hot Pudding or Fruit

- Main Meal
- Hot Pasta Pot
- Chicken Wrap
- Jacket Potato
- Handcrafted Baguette or Sandwich
- Salad or Cold Pasta Pot
- Hot Handheld Item of The Day



WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN #1	Meatballs in Tomato Sauce with Spaghetti, Green Beans & Sweetcorn	QUIRKY BBQ Chicken with Wedges, Mixed Salad & Coleslaw	NATION'S FAVOURITES Turkey & Leek Pie with Mashed Potatoes, Broccoli, Carrots & Gravy	BOMBAY Chicken Tikka Masala with Rice, Cauliflower, Naan Bread & Mango Chutney	Fish Gals Fishcake with Chips & Garden Peas or Baked Beans
MAIN #2	Veggie Lasagne with Garlic Bread, Green Beans & Sweetcorn	NEW Beetroot Burger with Wedges, Mixed Salad & Coleslaw	NATION'S FAVOURITES Creamy Veg Pie with Mashed Potatoes, Broccoli, Carrots & Gravy	BOMBAY Vegetable Korma with Rice, Cauliflower, Naan Bread, & Mango Chutney	NEW Loaded Veg Chilli Nachos with Tomato & Onion Salsa
HANDHELD	Chicken Wings	Chicken Wrap	Sausage Roll	Bacon & Cheese Flatbread	Veggie Pitta Pizza
BOWLED OVER	Rice Bowl	Vegetarian Noodle Street	Pasta Kitchen	Loaded Nachos	Pasta Kitchen
MODERN BAKERY	Fruit Rocket Ice Lolly	Summer Fruit Crumble with Custard	Vanilla Shortbread	NEW Vegetable Cake	Oaty Flapjack
SUPER SPUDS DON'T FORGET ABOUT OUR BAKED POTATOES WITH A VARIETY OF TOPPINGS FOR YOU TO CHOOSE FROM!	SOUP STATION COME AND TRY OUR HOME-MADE SOUPS, AVAILABLE DAILY!		MENU KEY - IM VEGAN! - ADDED PLANT POWER	ALLERGIES PLEASE SPEAK TO A MEMBER OF STAFF IF YOU HAVE AN ALLERGY AND NEED TO KNOW WHAT'S INSIDE OUR FOOD DISHES. THEY WILL ADVISE YOU OF YOUR AVAILABLE CHOICES.	caterlink feeding the imagination



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WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1

 **NATIONS FAVOURITES**
Spicy Chicken Pizza with Paprika Wedges, Mixed Salad & Coleslaw

 **THE MEXICAN KITCHEN**
Chilli Con Carne with Rice, Sweetcorn & Nachos

 **Roast**
Roast Gammon, Roast Potatoes, Carrots, Cabbage & Gravy

 **BOMBAY**
Chicken Korma with Rice, Broccoli & Naan Sliders

 **Fish Guppy**
NEW Fishfinger Baguette, Chips & Garden Peas

MAIN #2

 **NATIONS FAVOURITES**
Cheese & Tomato Pizza with Paprika Wedges, Mixed Salad & Coleslaw

 **THE MEXICAN KITCHEN**
NEW Vegetarian Spicy Mexican Rice with Sweetcorn & Nachos

Tomato & Basil Pasta with Roasted Vegetables

 **BOMBAY**
Lentil Dahl with Rice, Broccoli & Naan Sliders

Veggie Burger with Chips & Garden Peas

HANDHELD

Selection of Paninis

Chicken Wrap

Sausage Roll

Bagel Pizza

Chicken Quesadilla

BOWLED OVER

Pasta Kitchen

Noodle Street

Rice Bowl

Pasta Kitchen

Loaded Nachos

MODERN BAKERY

Chocolate Orange Cookie

Pineapple Upside Down Cake

Orange and Lemon Shortbread

NEW Apple Pie with Cream

Chocolate Brownie

SUPER SPUDS

DON'T FORGET ABOUT OUR BAKED POTATOES WITH A VARIETY OF TOPPINGS FOR YOU TO CHOOSE FROM!

SOUP STATION

COME AND TRY OUR HOME-MADE SOUPS, AVAILABLE DAILY!

MENU KEY

 - IM VEGAN!
 - ADDED PLANT POWER

ALLERGIES

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WEEK THREE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN #1

 **MAC**
Crunchy Crouton Mac & Cheese with Sweetcorn & Mixed Salad

 **QUIRKY BIRD**
Peri-Peri Chicken Wrap with Spicy Rice & Coleslaw

 **NATIONS FAVOURITES**
NEW Sausage Plait with Roast Potatoes, Seasonal Vegetables & Gravy

 **BOMBAY**
Tandoori Chicken Stuffed Naan with Bombay Potatoes & Green Beans

 **Fish Guppy**
Fish, Chips & Garden Peas or Baked Beans

MAIN #2

 **MAC**
Boston Bean Mac & Cheese with Sweetcorn & Mixed Salad

 **QUIRKY BIRD**
BBQ Quorn with Spicy Rice & Coleslaw

 **NATIONS FAVOURITES**
NEW Vegan Plait with Roast Potatoes, Seasonal Vegetable & Gravy

 **BOMBAY**
Sweet Potato, Chickpea & Spinach Curry with Rice & Green Beans

 **NATIONS FAVOURITES**
NEW Meat or Vegetarian Diddy Dog with Chips & Garden Peas or Baked Beans

HANDHELD

Pitta Pizza

Selection of Paninis

Selection of Wraps

Chicken Wrap

Sausage Roll

BOWLED OVER

Pasta Kitchen

Rice Bowl

Pasta Kitchen

Noodle Street

Pasta Kitchen

MODERN BAKERY

NEW Cornflake Tart

Fruit Muffins

NEW Chocolate Concrete Cake

Bread Pudding with Custard

Banana Loaf

SUPER SPUDS

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