Welcome to this week's edition of our Parent Bulletin!

25th November 2022

Thank you to everyone who attended our Year 9 Parents Evening this week. Whilst we appreciate there is sometimes a frustration with the shortness of appointments, please remember you can arrange to discuss matters further with a specific subject teacher via email or in a follow up phone call. Next week are our Year 10 RAP Meetings. As with the Year 8 ones, these will be in person and tutors will be in touch to arrange appointments with you and your child.

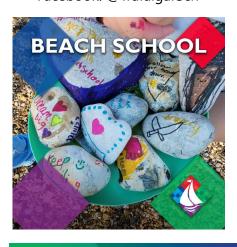
Next week also sees our second PD Day this year. Year 11 students were originally meant to be going to Portsmouth College for a taster day, but planned strike action for that day has meant a change of plans. We will inform Year 11 of their activity for the day nearer the time.

In this edition you can find a helpful factsheet with tips and advice in light of the cost of living crisis which an increasing number of us are experiencing currently, with lots of resources and help on places you can look for more assistance to get through this tough time.

Take care and stay safe,

Team Trafalgar

From our social media







Key Dates

Monday 28th Nov - INSET Day Wednesday 30th Nov - PD Day 2

Tuesday 29th Nov - Friday 2nd Dec - Year 10 RAP Meetings

Thursday 8th Dec - Year 11 Parents Evening (virtual)

Thursday 15th Dec - Christmas Concert

Friday 16th Dec - Celebration Asssembly/12:30pm finish

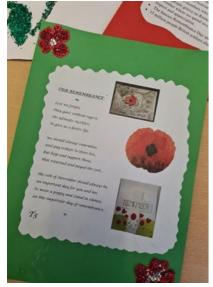
A quick reminder - if you have not yet signed up to our parent portal, Class Charts, please do so immediately as this will be our only method of communication this year. To get your personalised log in details please email studentservices@trafalgarschool.org.uk.







History Department Update



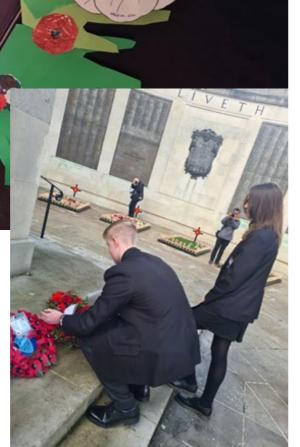
Remembrance 2022

We've had some amazing work sent in for our remembrance competition, displayed in our main reception.





2 fab students joined me and helped to lay a wreath at the remembrance parade on the steps of the Guildhall on Remembrance Sunday.





Mary Rose Museum - Year 7 Trip

Over the 21^{st} and 22^{nd} November, we took the whole of Year 7 on a trip down to the Mary Rose Museum, where they had a tour of









@TrafalgarSch





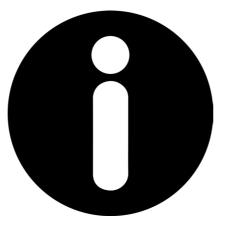


Safeguarding Update - Cost of Living Support

Find out what help and support is available to you and your family as the cost-of-living crisis continues to bite.

Get in touch with us to let us know if you're struggling with your finances

We know everyone is feeling the pinch this winter and we want to support those families in our school community who are impacted the most. If you're struggling with your finances, please do get in touch to let us know, as there may be things we can suggest which will help. We want to do everything we can to help you and your child through this difficult winter.



Contact your local Citizen's Advice Bureau or Family Hub

Citizen's Advice Bureau (CAB)

You don't have to be a UK citizen to get support from your local CAB, you just need to be a resident of the local area. The CAB can help you with:

- Getting benefits or other financial support organised
- Accessing support for essential costs (food, bills, rent)

Visit the Citizens Advice's website or contact your local branch to book an appointment.

Family Hub

Contact your local Family Hub to get help accessing all the support you might need as a family. Find your local hub <u>here</u>.

Check you're paying the right amount of tax

Make sure you're on the right tax code. If you aren't you might be due a refund. Use the <u>Money Saving Expert's</u> free tax code calculator to find out.

Claim any benefits you're entitled to

Use 1 of these benefits calculators to determine whether there are any benefits you could be claiming:

- Turn2us
- Policy in Practice
- <u>Support for migrant families</u> use this calculator if you are a migrant family, or if you have no recourse to public funds

You may be able to get benefits paid early if you're already feeling the squeeze - this is known as 'a short-term benefit advance' - you will need to contact the Department for Work and Pensions (DWP) office that's dealing with your claim.

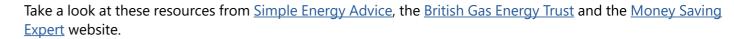
Check you've received all the government's cost of living payments

The government's <u>cost of living payment</u> is available for those receiving certain benefits or tax credits. You don't need to apply for these – if you're eligible the money should go straight into your account.

If you think you're due a payment, but haven't received one – <u>report a missing payment</u> to the government here.

Be aware of scams! If you receive any emails, texts or phone calls asking you to fill in an application form or asking for your bank details to receive a cost of living payment, **do not talk to them or send a reply**. Get more information on <u>cost of living scams</u> on the Money Saving Expert's website

Find out what help you can get with your energy bills



Let us know if your child is entitled to free school meals (FSM)

If your child is eligible for free school meals (FSM) you need to get them registered. This will allow them to get a free meal at school, and we'll get extra funding to support your child's learning.

Find out more about applying for free school meals here.

See what other support you can get from your local authority

Local authorities have lots of different schemes that you might be eligible for, including:

- The holiday activities and food programme access to food and activities over the school holidays
- · Help with transport to school
- · Help with the cost of uniform

Get free or low-cost food

If you're worried about not having enough food to feed your family, you're not alone. There are a number of places offering support.

- We have a breakfast Club available from 8:30am everyday
- If you have a child under 4, and meet the eligibility criteria, you may be entitled to <u>healthy start food</u> vouchers
- Find a local foodbank with these websites: <u>Bankuet</u>, <u>The Independent Food Aid Network</u>, the <u>Trussell Trust</u>, or your local <u>community fridge</u>
- Use food waste apps and websites like <u>Olio</u> (for free food and household items from your local community), <u>Too Good To Go</u> (for low cost food from local restaurants), or <u>Low Price Foods</u> (food that has passed its best before date, but is still safe to consume)

Further information

- Contact <u>StepChange</u>, if you're struggling with debt
- Contact Shelter if you're having issues related to housing
- Get free household goods on Freecycle
- Contact the <u>Salvation Army</u> for emergency assistance
- See if you're eligible for grants from Turn2us
- Single parents can get support from <u>Gingerbread</u>

Community Circles Update

This week our Monday community circles discussed quite a few questions surrounding the Qatar World cup which certainly got people talking.

They included the questions:

- "Have you been following the news about the World cup?"
- "What are the controversies?"

Tutor groups had already overwhelmingly voted to watch England play on Monday afternoon, so students were certainly open to talking about it.

Whilst some didn't know the exact nature of the concerns around Qatar hosting the World cup, most agreed that this one certainly had a different feel to it compared to previous years. There was some talk around Qatar having its own set of rules and laws that are lived by, just as we live by our school values here. Some wanted to know what to do if we don't agree with another country's standpoint on human rights issues.

What do you think your child/children said about it? #joinin #teamtrafalgar #itscominghome















