

# Trafalgar Newsletter

30<sup>th</sup> September 2022

September is at an end and that is the first month in the bank. We are pleased to see everyone has settled in to this new school year superbly!

We had a fantastic turnout for our Year 7 Parent and Tutor evening yesterday. It was a great opportunity to meet and discuss how your child is settling in to Year 7 and an important step in establishing the bond between school and home! If you have any questions remaining after the evening please do not hesitate to contact your child's tutor to discuss. Please look out for the feedback form we have sent out to you.

Next week we will be launching our next Activities Week! We know everyone had an amazing time last year and we can't wait to share what we have in store for 2023! Be sure to attend the event on Thursday to find out all the information.

Finally, this week our safeguarding section features all you need to know about TikTok! The popular app rose to prominence during the Covid pandemic and its popularity has continued to rise! We have shared a document that breaks it down for parents and helps you to know what to look out for and how to keep your child safe online.

Take care and stay safe,

**Team Trafalgar**

## Hot Chocolate with the Head

This week's Hot Chocolate with the Head goes to Olivia!

Olivia has made an amazing start to the year, supporting others in her tutor and showing a great work ethic. This has been setting her up for a very successful day, which we are so very pleased to see in Year 11.

Great job Olivia! #HCWTH #teamtrafalgar



## Key Dates

2022

**Tuesday 4<sup>th</sup> October** - PD Day 1 - Community

**Thursday 6<sup>th</sup> October** - Year 7, 8, 9 & 10 Curriculum Evening

**Thursday 13<sup>th</sup> October** - Open Evening

**Friday 14<sup>th</sup> October** - 9:30am start for students

**A quick reminder - if you have not yet signed up to our parent portal, Class Charts, please do so immediately as this will be our only method of communication this year. To get your personalised log in details please email [studentservices@trafalgarschool.org.uk](mailto:studentservices@trafalgarschool.org.uk).**



@TrafalgarSch

[trafalgarschool.org.uk](http://trafalgarschool.org.uk)

# PE Department Update

## Year 9 Pathways

Our Year 9 students have chosen their curriculum pathway for this academic year. The recreational pathway focuses on students exploring a range of activities to foster a love of learning within PE. On the other hand, the competitive pathway is focused on improving tactics and techniques within competitive activities.



## Sports Leaders

As part of our ongoing commitment to the personal development of our students, we are offering the Sport Leadership programme again this year. The programme provides students with an excellent opportunity to enhance and develop essential life skills. Students will be given the responsibility to deliver purposeful and enjoyable sport/physical activity sessions.

Within the Sports Leadership team there are three roles, Sports Leader (available for students in Year 7-10) and Sports Captain/Vice-Captain (available for students in Year 9/10/11). The Sports Leadership team will support the delivery of various sporting festivals, events and extra-curricular clubs.

Training for the programme will take place after school week 1 Monday, and be delivered by Miss Potter. Throughout the year there will be the occasional opportunity to visit local primary schools.

We have had a large number of applications and can't wait to see who will be our Sports Leaders for 2022/23!

## Trampolining Sign up

It is amazing to see such a high number of students expressing an interest in the Trampolining club afterschool. However, due to limited staffing and equipment, pupils that are interested need to contact Miss Potter via email as pupils will be split into groups and allocated to a half term where they will attend during that time period only.

Students will need to complete a Google form to let us know the preference of when they would like to attend the club, which we will try to stick to as much as possible. Miss Potter will then pass information onto tutors as to which half term the students have been allocated. Again, it is amazing to see so many students expressing an interest in extracurricular activities, keep it up!



## Extra-Curricular PE clubs

	Lunchtime	Afterschool 3-4pm
<b>Monday</b>	Year 7/8 basketball (EPO) Gym 1 Year 10&11 football (DST) Astro turf	Year 7-11 girls football (SDS/EPO) Year 8&9 boys football (DST) Year 7-11 netball (LNE)
<b>Tuesday</b>	Year 9/10 basketball (LNE) Gym 1 Year 10&11 football (CFU) Astro turf	No clubs due to meetings
<b>Wednesday</b>	Year 7/8 basketball (EPO) Gym 1 Year 10&11 football (PDU) Astro turf	Year 7 boys football (SDS) Year 7-11 trampolining (EPO) Year 7-11 basketball (KNO)
<b>Thursday</b>	Year 9/10 basketball (LNE) Gym 1 Year 10&11 football (DST) Astro turf	Year 9-11 Duke of Edinburgh (CHE/LNE/SDS) Year 7-11 volleyball (KNO) Year 10 & 11 boys football (CFU) Year 10 HSC/Child Development/Sports Studies Intervention (EPO/LNE)
<b>Friday</b>	Girls football (LNE/EPO) Gym 1 Year 10&11 football (CFU) Astro turf	

## Club Fixtures

WB	Monday	Tuesday	Wednesday	Thursday	Friday
03 October 2022	Year 9 Netball Festival Miltoncross 3:30pm - 5:30pm				
10 October 2022	Year 8 Netball Festival Miltoncross 3:30pm - 5:30pm	Y9/10/11 Girls Football Priory 3:30pm - 5pm			
17 October 2022	Year 7 Netball Festival Miltoncross 3:30pm - 5:30pm	Y7-9 Badminton St. Edmund's 3:30pm - 5:00pm		Fun Run PGS Fields 3:30pm - 4:30pm	
24 October 2022	HALF TERM	HALF TERM	HALF TERM	HALF TERM	HALF TERM

We have lots of opportunities for our students to take part in fixtures across Portsmouth this half term including cup and league fixtures. However, we are awaiting confirmation of dates for these so keep your eyes peeled on our social media.

## Year 10/11 Fixture

Our Year 11 football team got their Hampshire cup campaign underway with a tough match away to John Hanson School in Andover.

They played extremely well but, unfortunately, they were beaten in a tough game against a very powerful side. The game was exciting, with a penalty and several freekicks on the edge of the area. Our boys were a credit to the school and showed great resilience during and after the match.

Well done boys! #UpTheTrafalgar.

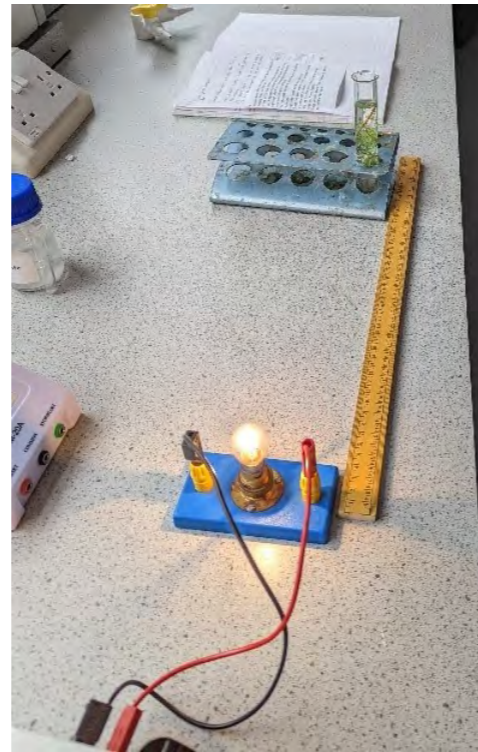
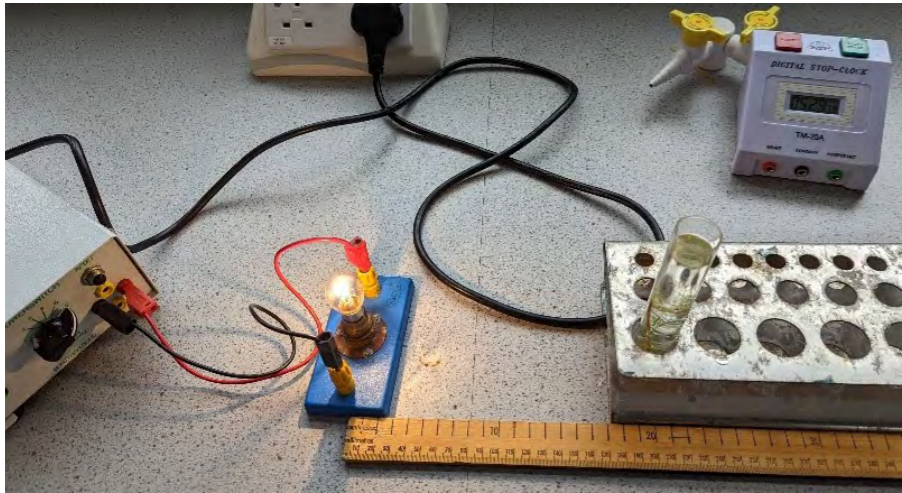


# Science Department Update

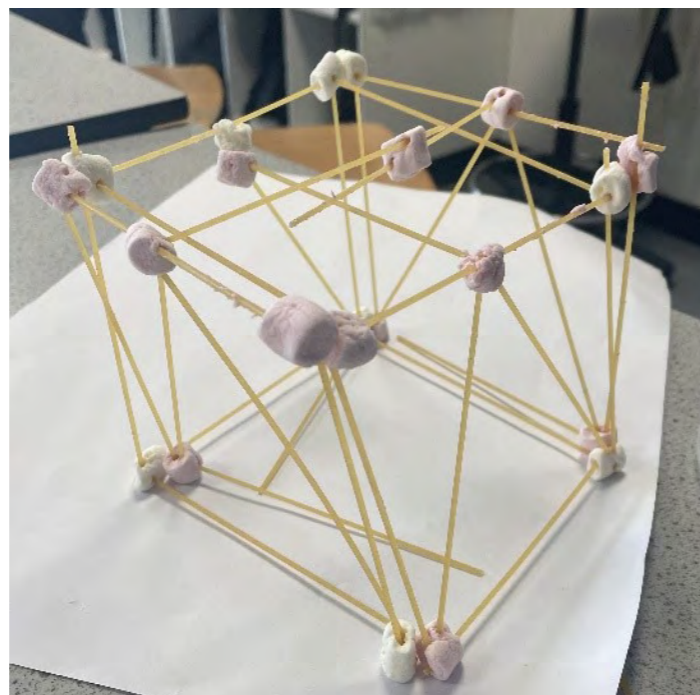
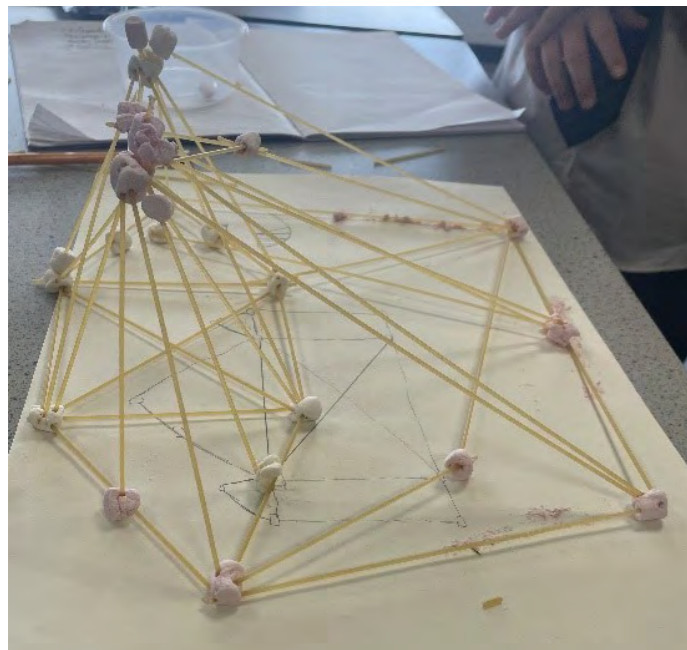
Year 11 science pupils have been carrying out required practicals in preparation for their upcoming assessments. 11G3 have been investigating how light intensity impacts the rate of photosynthesis.

Alongside these experiments, this week 11G2 have successfully extracted the building blocks of life, DNA, from strawberries!

In Year 8 science, pupils have been comparing series and parallel circuits where 8G3 successfully built a parallel circuit containing a switch and seven bulbs.



Finally we have our new Year 7's taking part in The Pompey Project, building a new landmark for Portsmouth. Students took time designing and researching landmarks. Then they had a specific number of marshmallows and dried spaghetti to build their landmark. Great teamwork shown by all. Well done 7G3!



## ALL ABOUT TikTok

TikTok is a video sharing social media platform used to create and share short form videos that allows users to express themselves through singing, dancing, comedy, and lip-synching. It exploded in popularity during the COVID-19 pandemic and has only continued its rise since.

**64%** of young people in the UK visited TikTok in September 2021.

**Over 2.5 billion** installs on global devices.

**58%** of children aged 3-15 use TikTok (alongside other social media).

**1 billion** global daily users by early 2022.

### THE FYP

TikTok wants users to see the content they want to see – which is where the 'For You Page' comes in. The platform uses algorithms to figure out a completely unique feed for every individual user.

### RISKS

- PUBLIC VIEWS** - For users registered as 16 and over, their profile is 'public' by default and their videos can be viewed and downloaded by anyone.
- INAPPROPRIATE CONTENT** - Some videos include suggestive language, mature situations, and sexualised content without warning.
- SCREENTIME OVERLOAD** - The continuous scrolling design of the app makes it harder for users to look away from their screens, and is likely to increase screentime.
- PAID ADS** - Many brands and companies have taken to TikTok to try and boost product exposure with paid adverts that mix into normal content.
- INFLUENCERS** - Young people may be 'influenced' by popular creators on TikTok, and could spend time or money following someone or trying to become an influencer.
- IN-APP PURCHASES** - Users can make in-app purchases to get 'coins', which can buy virtual gifts to send to influencers on the platform.

### WATCH OUT FOR... #TikTokChallenges

Hardly a day passes without a new TikTok Challenge popping up. A 'challenge' is a type of video that is widely shared and copied by others. Many of these can be fun and engaging, incorporating things like dances, songs, and filters.

There are some, however, that can be riskier and potentially harmful - which can make them even more tempting to try! These can include dangerous stunts, mean pranks, or reacting to upsetting content.

### ALERT

TikTok says users must be 13+ to use the app, but our research shows that it is extremely popular with younger children.

### HOW IT WORKS

- SHARE** Upload short videos for other users to view, comment, and like.
- EDIT** Change or alter videos to include popular filters or themes.
- STITCH** Use snippets of existing videos to create a new video or trend.
- COLLAB** Add popular music or audio (including from other users) to videos.
- DUET** Create a video that is posted directly alongside another user's video.
- MESSAGE** Users aged 16+ can send private messages to one another.

### TOP TIPS

- KEEP PRIVATE.** Ensure your young person's privacy settings are appropriate for their age. Remember – a private profile gives the most control!
- TALK IT OUT.** 'Digital life' should be as much a part of everyday conversation as every other aspect of a young person's life.
- DISCUSS TOGETHER.** Find out what videos and influencers they view, what they like, what they dislike – and why!
- BE HONEST.** Talk about how social media content is often a far from accurate depiction of real life, especially for influencers.
- STAY SAFE.** Some TikTok challenges could be potentially harmful to young people. Remind them that their safety is #1 always!
- GIVE SPACE.** Give them room to voice any concerns they might have around harmful or inappropriate content they come across.

Online Safety Shareable by: **INEQE** SAFEGUARDING GROUP  
© Ineqe Group Ltd 2022 August 2022